

Washington University Center for Aging
 Modifiers of Cognitive Aging
 2006 Friedman Conference
 May 15, 2006

11:00-11:15am	Opening Remarks	John C. Morris, MD, Director, Washington University in St. Louis
11:15-11:30am	Presentation of Awards	John C. Morris, MD, and Nancy Morrow-Howell, PhD, of Wash- ington University in St. Louis & Sandy Kaplan, Major Gift Officer of Barnes-Jewish Hospital Founda- tion
11:30-12:00pm	Setting the Stage	Molly Wagster, PhD, National Institute on Aging
12:00-12:30pm	Break/ Pick Up Box Lunches	Lobby
12:30-1:15pm	Predictors of Successful Cognitive Aging	Marilyn Albert, PhD, Johns Hopkins University
1:15-1:45pm	Diet and Cognitive Aging	Martha Clare Morris, ScD, Rush Institute for Healthy Aging
1:45-2:15pm	Physical Activity and Cognitive Aging	Fran Grodstein, ScD, Brigham and Women's Hospital
2:15-2:45pm	Social Engagement and Cognitive Aging	Thomas A. Glass, PhD, Johns Hopkins Bloomberg School of Public Health
2:45-3:15pm	Break	Lobby
3:15-3:45pm	Personality and Cognitive Aging	Martha Storandt, PhD, Washington University in St. Louis
3:45-4:15pm	Enhancing Cognitive Vitality	Sherry L. Willis, PhD, Pennsylvania State University
4:15-4:45pm	Mental Exercise and Cognitive Training	Timothy Salthouse, PhD, University of Virginia
4:45-5:00pm	Questions & Answers	
5:00-5:15pm	Summary	Mark McDaniel, PhD, Washington University in St. Louis
5:15-5:30pm	Closing Remarks	Mark Wrighton, PhD, Chancellor, Washington University in St. Louis