

2008 Kopolow and Friedman Award Recipients



Consuelo Hopkins Wilkins, MD

Dr. Consuelo Hopkins Wilkins is an Assistant Professor of Medicine and Psychiatry, in the Division of Geriatrics and Nutritional Science at Washington University School of Medicine. She is also a clinical investigator in the Alzheimer's Disease Research Center and Medical Director of Barnes-Jewish Extended Care. She earned undergraduate and medical degrees from Howard University, completed a residency in Internal Medicine at Duke University Medical Center and a fellowship in Geriatric Medicine at Washington University and Barnes Jewish Hospital. She later received a Masters Degree in Clinical Investigation from Washington University.

Dr. Wilkins' research has focused on medical comorbidities and Alzheimer's disease and she received the Beeson Award for Scholars in Aging Research. She is currently Health Editor for the St. Louis American newspaper and was recently appointed to the Affordable Housing Commission for the City of St. Louis. She is an active member of Williams Temple Church of God in Christ.

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Marie McGowan Meisel, MSN, RN

Ms. Marie Meisel earned a Bachelor of Science in Nursing degree from Boston College with honors in 1974 and an M.S. degree in Community Health Nursing Specialization with honors from Southern Illinois at Edwardsville in 1991. She started her career as a nurse for the United States Public Health Service Hospital in Boston. From 1978 to 1984, she served as a public health nurse for the St. Louis Health Division. Her main responsibilities included teaching in adult medicine and family planning, on-site clinical nursing, outreach, and visiting and follow-up of clients. Ms. Meisel served as a visiting nurse both in the St. Louis area as well as Boston working collaboratively with other health care personnel to

provide primary care to homebound patients. Ms. Meisel has been the Nurse Coordinator of the Memory and Aging Project Satellite (MAPS) for the Alzheimer's Disease Research Center (ADRC) since 1992.

MAPS represents a collaboration of the Washington University ADRC and the St. Louis Area Agency on Aging. The MAPS staff (including Ms. Meisel, James Williams, and Laura Ahrens) are housed in the offices of the St. Louis Area Agency on Aging. The primary goals of the Satellite are to evaluate memory concerns in African American and underserved older adults in the metropolitan St. Louis area and to facilitate involvement of African Americans in research studies at the ADRC. Ms. Meisel assists clients by providing home-based assessments of cognition and facilitating access to resources, health care, and services. Ms. Meisel's sustained leadership, involvement, and great dedication to the St. Louis African American community has helped to eliminate barriers to biomedical research participation. She has facilitated training for numerous medical students and residents. Ms. Meisel has been published in aging journals including the Journal of the American Geriatrics Society and the Gerontologist. She conducts health professional and community education programs. In the past year alone, she has evaluated nearly 100 new and follow-up clients and provided outreach and recruitment programs at over 60 community venues including senior centers, clinics, churches, and senior congregate housing complexes.